



Crews Control – New Series
Sundays @ 8p, Premieres 2/21



Shear Genius – New Series
Wednesdays @ 10, Returns 2/3



Important Things – New Season
Thursdays @ 9p, Returns 2/4



Extreme Peril – New Series
Sundays @ 5p, Premieres 2/7



Kick Buttowski – New Series
Saturdays @ 7:30a, Premieres 2/13



Bathstastic – New Season
Sundays @ 8a, Returns 2/7
Bath Crashers – New Series
Sundays @ 8:30p, Premieres 2/7



16 & Pregnant – New Season (8)
Saturday @ 9p, Returns 2/6



Transworld's Skate & Create – Special
Saturday @ 10p, Premieres 2/6



A Traveler's Guide to the Planets – New Series
Sundays @ 8p, Premieres 2/14



Unique Auto Sports: Miami – New Series
Sundays @ 9:30a, Premieres 2/28

BET: 2010 BET Honors - Special

Monday @ 8p, Premieres 2/1

Hosted by actress Gabrielle Union, the BET Honors pays tribute to some of today's most influential African Americans in the areas of entertainment, education, and public service. Honorees include Whitney Houston, Sean "Diddy" Combs, Queen Latifah, Ruth Simmons, and Dr. Keith Black. Don't miss performances by Jennifer Hudson, Mary J. Blige, and India Arie.

Target Demo: A25-54

TNT: NBA All-Star Game

Sunday @ 7p, Premieres 2/14

The 59th NBA All-Star Game will bring together 24 of the world's best athletes to compete on the NBA's biggest stage ever. This will be the first NBA game played in the state-of-the-art Cowboys stadium in Arlington, TX.

Target Demo: A18-49, M25-54

USA: Westminster Kennel Club Dog Show

Monday @ 7p, Premieres 2/15

America's oldest organization dedicated to the sport of purebred dogs, returns to Madison Square Garden for its 134th annual event. The show opens Monday 2/15 @ 7-8pm, followed by coverage on CNBC from 8-10p. Closing ceremonies will be Tuesday 2/16 @ 7-10p. Don't miss this year's festivities.

Target Demo: A25-54, A35-64

Comedy: The Sarah Silverman Program – New Season

Thursdays @ 9:30p, Returns 2/4
10 episodes

The Sarah Silverman Program is back for a third season, starring Emmy®-nominated, Sarah Silverman. Played out through scripted scenes, animation and absurd songs, Sarah is living her daily life, ruining other people's days and offending just about everyone.

Target Demo: A18-49

TLC: Ultimate Cake Off - New Season

Mondays @ 9p, Returns 2/1

Each week, three cake designers go head to head in this intense cake-making competition! Each designer and their team has nine hours to create cakes over five feet tall and weighing hundreds of pounds! Whichever cake wins is featured as the centerpiece at a marquee event. This nail biting contest will leave you hungry for more!

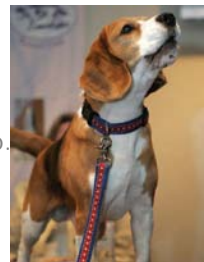
Target Demo: W18-34, A18-49

NICK: Victorious – New Series

Saturdays @ 7:30p, Premieres 2/27
20 Episodes

Victorious follows Tori Vega as a teen who unexpectedly finds herself navigating life at an elite performing arts high school. Tori feels out of place among the amazingly talented fellow students. But with the help of her new friends Tori realizes that she was born to perform and that entertaining people not only makes her happy but may change her life.

Target Demo: K6-12, T12-17



*All show times subject to change





Little Chocolatiers – New Season
Sundays @ 9p, Premieres 1/31
Police Women of Maricopa County – New Series
Thursdays @ 8p, Premieres 2/18
LA Ink -New Season
Thursdays @ 9p, Returns 2/18
Paranormal Court – New Series
Sundays @ 9p, Premieres 2/28



Las Vegas Jailhouse – New Series
Sundays @ 9p, Premieres 1/31
Hot Pursuit – New Series
Saturdays @ 9p, Premieres 2/6
Operation Repo – New Season
Mondays @ 8p, Returns 2/8
Most Daring – New Season
Wednesdays @ 8p, Returns 2/10



Famous Crime Scenes – New Series
Saturdays @ 8p, Premieres 2/12
Tool Academy 3– New Season(11)
Sundays @ 7p, Premieres 2/14



Hallmark Channel Is The Home of Romance This February

I Love Lucy Marathon

The classic series featuring Lucile Ball
Begins Friday, 2/6 @ 10a

Skate for the Heart

Figure skating special
Monday @ 5p, Premieres 2/8

Elevator Girl

Hallmark Channel Original Movie
Friday @ 8p, Premieres 2/13

A Day of Weddings

Wedding movie marathon
Sunday @ 5a, 2/14

The Love Saga Marathon

7 movies based on the Janette Oke novels
Saturday @ 10a, 2/27

Animal Planet: Puppy Bowl VI - Special

Sunday @ 2p, Premieres 2/7

The alternative Superbowl for the animal lover! Heading into its sixth year, this “doggie football” competition features an all-star lineup of adoptable puppies, along with information on how to adopt them.

The show also includes a rendition of the National Anthem by Pepper the Parrot and a Kitty Half Time Show.

Target Demo: K6-12

TruTV: NFL Full Contact - New Series

Mondays @ 9p, Premieres 2/8

NFL Full Contact is a new original TruTV series that goes behind the scenes of the biggest football events of the year. From the draft to the Superbowl, *NFL Full Contact* shows the viewers what really goes on, from the security teams hired to protect the players, to the half time show coordinators. TruTV and NFL films show viewers that the players aren't the only ones feeling the heat.

Target Demo: M18-49, M25-54

BET: The Michael Vick Project - New Series

Tuesdays @ 9:30p, Premieres 2/2

11 episodes

This new BET docu-series follows the infamous professional football player Michael Vick. After serving eighteen months in federal prison, Vick finds himself bankrupt and disconnected from loved ones. The series illustrates Vick's journey on the path to redemption and provides candid insight into his compelling story.

Target Demo: A18-49

DIY: America's Ugliest Bathrooms - Special

Sunday @ 2p, Premieres 2/7

Toilet Bowl – Marathon

Sunday beginning @ 7a, Premieres 2/7

For those who are not football fans, the DIY network offers an alternative. Superbowl Sunday offers a lineup of the best bathroom makeovers from their top-rated shows! Included in the lineup are *Bathtastic!*, *Bathroom Renovations*, *Sweat Equity*, and *\$10 Grand in Your Hand*.

Target Demo: A25-54, W25-54

Travel: Man v. Food Live - Special

Wednesday @ 8p, Premieres 2/3

In honor of the Super Bowl taking place in Miami this year, *Man v. Food* will be hosting a 2-hour live event, from Miami, FL. Spectators will cheer on Adam as he attempts Shula's 48 oz. Steak Challenge - in real time. This popular South Florida steakhouse was founded by Don Shula, the winningest Coach in NFL history.

Target Demo: A18-34, M35-64

VH1: Celebrity Fit Club– New Season

Mondays @ 9p, Returns 2/8

9 Episodes

Season 7 follows a new group of celebrities who are overweight and want to make a change. The show combines team challenges, individual therapy, and group weighing sessions all to help these celebrities achieve their goal. This season features familiar faces including Kevin Federline, Bobby Brown, and Sebastian Bach.

Target Demo: W18-49

*All show times subject to change

